

AA'S THREE LEGACIES

The founders of **Alcoholics Anonymous** have given to each of us three great **Legacies: Recovery, Unity, and Service**.

Our **First Legacy, Recovery**, has given us a second chance to find happiness and freedom; to live useful and productive lives.

Our **Second Legacy, Unity**, has provided us with a fellowship made up of people who share our own common problem; who give us the love and support necessary to maintain our sobriety.

Our **Third Legacy, Service** offers us the opportunity to implement our primary goal “*to carry the message to the alcoholic who still suffers*”.

Most important – it is a proven fact – *that those who participate in service have a significantly better chance of remaining sober, than those who do not.*

WHAT IS GENERAL SERVICE?

General Service has been called the glue that holds AA together. **Bill W. wrote**, “*The most vital, yet least understood group of service that AA has are those that enable us to function as a whole... Our worldwide unity and much of our growth since early times are directly traceable to this cluster of life-giving activities.*”

Authority and responsibility for **AA** as a whole is exercised directly by the groups through their **GSR**, or **General Service Representative**. The **GSR** is the vital communication link between the individual groups and the **AA General Service Structure**. If a group does not have an active **GSR**, it is effectively giving up it's right to participate in the determination of the policies and future direction of the **AA** fellowship.

Since 1955, when the group's delegated to the **General Service Conference**, complete authority for the active daily maintenance of our **World Service**, it has grown to fill needs beyond the reach of individuals, groups, inter-groups, and local committees. The term '**General Service**' is applied to all kinds of activities within conference structure carried on by **Districts**, **Areas**, **Delegates**, **Trustees**, and the **New York General Service Office** staff.

WHAT IS DISTRICT 30?

District 30 is the local arm of the **General Service** structure; the link between each of our groups and the whole wide world of **Alcoholics Anonymous**. The **United States and Canada** are divided into 93 Areas, and each Area – divided into Districts.

The communities of Alta Loma, Chino, Chino Hills, Claremont, Diamond Bar, La Verne, Los Serranos, Montclair, Mount Baldy, Ontario, Phillips Ranch, Pomona, Rancho Cucamonga, San Antonio Heights, San Dimas, and Upland comprise **District 30** of the **Southern California Area**.

Each **AA** group in **District 30** should be represented at the **District 30 Meeting**, the **Area Assembly** and the **Inter-group Conference** by a **GSR**.

The **GSR** carries the opinions and conscience of your group to monthly meetings of **District 30** and the **Southern California Area Assembly**. In turn, your **GSR** should report back to your group about **District** and **Area** activities, new **AA** Literature and programs, possible changes in **AA** policy under discussion, and new developments in the world of **AA**.

All **GSRs** are members of the **Southern California Area Assembly (SCAA)**, and may participate in Assembly discussions and decisions. The **SCAA Delegate**, chosen from among local **GSR**, is informed of the conscience of our local groups through the discussion of issues and workshops at the **Area Assembly**. The combined conscience of all our local groups is then carried by our **Delegate** to the annual **General Service Conference** in New York.

WHAT DOES DISTRICT 30 DO?

In addition to participation in the **Area Assembly**, **District 30** also coordinates and implements various other activities for the groups in the community which it serves. At monthly meetings, plans are discussed and decisions are made on how to best serve the needs of our local fellowship. All **AA** members are welcome to attend these meetings.

Some of **District 30's** current activities include:

Public Information (PI) and Cooperation with The Professional Community (CPC).

As part of our effort to reach the suffering alcoholic, **District 30** is responsible for disseminating information about **AA** to the general public and to professionals in the fields of Medicine, Religion, Law, Education, and Business as well as anyone who has contact with alcoholics in their work. **PL** and **CPC** projects in **District 30** including such activities as:

- **Providing** Literature and **AA** volunteers to public facilities such as Libraries, Schools, Senior Citizen's Centers, Youth Centers, Churches, Shelters, Health Fairs and other public gathering.
- **Responding** to periodic requests from the community for panels of recovering alcoholics to present the program of **AA** and to share our experience, strength, and hope at schools and service organizations.
- **Working** with the local media to get **AA** public service announcements presented to the community.
- **Cooperating** with Public Safety organizations and their affiliates.
- **Providing** information to Human Resources Departments and Employee Assistance Programs of local businesses.

Registration of groups with GSO

District 30 registers new **AA** groups with The **General Service Office (GSO) in New York**, and keeps **GSO** informed of current names and addresses of **GSRs** and group contacts.

Annual Workshop

District 30 sponsors a workshop each year for group officers and **GSRs** covering aspects of **AA** service and our program of recovery. Topics of both general and local interests are discussed – all relating to how we may better carry the message to the alcoholic who still suffers.

“Guardians of The Twelve Steps and The Twelve Traditions”

Besides carrying the message to currently suffering alcoholics, **AA** members have a responsibility to see that the **AA** message remains undiluted for future generations. **District 30** helps individual members, groups, or **GSRs** with information and explanations about the **AA Twelve Steps** and **Twelve Traditions**. For example, often a Tradition is ignored or broken simply because of lack of knowledge and understanding of that Tradition. Although there are no authorities in

AA, it is the responsibility of **District 30** to provide good information and appropriate guidance in situations that may occur in our locality.

Education of each **AA** member (especially the **GSR**) about **AA**, is an important part of **General Service**. The more knowledgeable each **AA** member is about the history, purpose, and meaning of our **Twelve Steps**, **Twelve Traditions**, and **Twelve Concepts of Service** – the safer is our future and the future of **AA**.

Grapevine

District 30 provides a **Grapevine Representative** who can assist groups or individuals in obtaining subscription information or submitting articles to this important **AA** publication.

Treatment Facilities Committee (TFC)

District 30 through the **TFC**, provides a group of sober **AA** members who contact hospitals and institutions in our area and volunteer to provide temporary sponsors for inmates about to be released – easing the transition into the real world.

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If you would like more information about how you may be of service in **Alcoholics Anonymous** please contact:

**DISTRICT 30**  
**Southern California Area Assembly**  
**Alcoholics Anonymous**  
**Post Office Box 445**  
**Montclair, CA. 91763**

## OTHER OPPORTUNITIES FOR SERVICE BEYOND THE GROUP LEVEL

### Central Office

Central Office policies and practices are established by the inter-group. Each group that wishes to have a voice in the operation of the Central Office should have an active **Inter-group Representative (IR)**. The Central Office also need volunteers to answer telephones, greet visitors, fill literature orders, help with the newsletter,

and help keep the office open. **District 30** is served by two **Central Offices**:

**The San Gabriel / Pomona Valley Central Office**  
**849 Suite "D" E. Route 66, Glendora, CA 91740**  
**(909)624-2712**

**The Inland Empire Central Office**  
**Inland Empire Central Office**  
897 Via Lata, Suite "AA"  
Colton, CA 92324 (909)825-4700

### Hospital and Institutional Committee (H & I)

The **H & I Committee** takes regularly scheduled Panels into hospital and institutions where alcoholics are confined and may not be able to attend outside meetings. **AA** members are always needed for these Panels. No experience, other than sobriety, is needed. **District 30** is served by two **H & I Committees**:

**Inter-Valley H & I**  
**502 Club**  
**510 S. 2<sup>nd</sup> Ave., Covina, CA 91723**  
(1<sup>st</sup> Monday of each month @ 6:15pm)

**Inland Empire H & I**  
**Redlands Club** (behind Mobil Gas station)  
**1307 Brookside Ave., Redlands, CA 92373**  
(3<sup>rd</sup> Sunday each month @ 3:00pm)

### Twelve-Step Service Board

The **Twelve-Step Service Board** is a group which provides a 24-hour answering service for alcoholics in need of help. It's members respond to those telephone calls with meeting information, personal visits, or an understanding ear. Volunteers to answer telephones are always welcome. Please call: (909)628-4428 or (909)484-7005

**All of the activities of District 30 are supported solely by the contributions from local AA groups and by the time volunteered by local AA members.**

# **A.A.** **IS A** **VOLUNTEER** **FELLOWSHIP**

**HOW ARE YOU INVOLVED?**

**GENERAL SERVICE**  
**DISTRICT 30**  
**Area 05**

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